

		Primary Menu March-July 2024		
		Week One	Week Two	Week Three
		18th March, 22nd April, 13th May, 10th June, 1st July	4th March, 8th April, 29th April, 20th May, 17th June, 8th July	11th March, 15th April, 6th May, 3rd June, 24th June, 15th July
Monday	Option 1	Chicken Burger Bap <b>Cereal/Gluten, Sesame</b>	Ham Pizza <b>Cereal/Gluten, Milk</b>	Meatballs <b>Sulphur Dioxide</b> in a Tomato & Basil Sauce
	Option 2	Vegan Country Bake <b>Cereal/Gluten, Soya</b> Bap <b>Cereal/Gluten, Sesame</b> Potato Wedges	Cheesy Pizza <b>Cereal/Gluten, Milk</b>  Potato Wedges	Vegan Balls <b>Cereal/Gluten, soya, Barley</b> in a Tomato & Basil Sauce Pasta Twists <b>Cereal/Gluten</b> & Garlic Bread <b>Cereal/Gluten, Sesame, Mustard</b>
	Served with	Sweetcorn Peas Salad Available Daily	Sweetcorn Baked Beans Salad Available Daily	Sweetcorn Peas Salad Available Daily
	Option 3	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>
	Dessert	Chocolate & Orange Sponge <b>Cereal/Gluten, Milk, Egg, Soya</b> Chocolate Sauce <b>Milk</b> Fresh Fruit Available Daily	Apple Crumble <b>Cereal/Gluten, Soya</b>  Custard <b>Milk</b> Fresh Fruit Available Daily	Lemon Sponge <b>Cereal/Gluten, Milk, Egg, Soya, Sulphur Dioxide</b> Custard <b>Milk</b> Fresh Fruit Available Daily
Tuesday	Option 1	Oven Baked Sausage <b>Cereal/Gluten, Soya, Sulphur Dioxide</b>	Roast Beef & Yorkshire Pudding <b>Cereal/Gluten, Milk, Egg</b>	Roast Turkey & Sage & Onion Stuffing <b>Cereal/Gluten</b>
	Option 2	Vegan Sausage <b>Cereal/Gluten</b>	Vegan Sausage <b>Cereal/Gluten</b>	Vegan Country Bake <b>Cereal/Gluten, Soya</b>
	Served with	Mashed Potatoes Baked Beans Sweetcorn Salad Available Daily	Mashed Potatoes & Gravy Carrots Broccoli Salad Available Daily	Mashed Potatoes & Gravy Carrots Green Beans Salad Available Daily
	Option 3	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>
	Dessert	Llaeth Y Llan Yoghurt <b>Milk</b> Apple Dippers Fresh Fruit Available Daily	Llaeth Y Llan Yoghurt <b>Milk</b> Apple Dippers Fresh Fruit Available Daily	Llaeth Y Llan Yoghurt <b>Milk</b> Apple Dippers Fresh Fruit Available Daily
Wednesday	Option 1	Beef Bolognese	Chicken Korma <b>Milk</b>	Fish Square <b>Cereal/Gluten, Mustard &amp; Fish</b>
	Option 2	Vegetable Bolognese <b>Soya</b>	Vegetable Korma <b>Milk</b>	Vegetable Nuggets <b>Cereal/Gluten</b>
	Served with	Pasta Twists <b>Cereal/Gluten</b> & Garlic Bread <b>Cereal/Gluten, Sesame, Mustard</b>  Mixed Vegetables Broccoli Salad Available Daily	Boiled Rice & Naan Bread <b>Cereal/Gluten</b>  Sweetcorn Peas Salad Available Daily	Hash Browns  Baked Beans Peas Salad Available Daily
	Option 3	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>
	Dessert	Plain Cookie <b>Cereal/Gluten, Milk, Eggs, Soya</b>  Orange Or Apple Juice Carton Fresh Fruit Available Daily	Chocolate Cookie <b>Cereal/Gluten, Milk, Eggs, Soya</b>  Orange Or Apple Juice Carton Fresh Fruit Available Daily	Shortbread Biscuit <b>Cereal/Gluten, Soya</b>  Orange Or Apple Juice Carton Fresh Fruit Available Daily
Thursday	Option 1	Roast turkey & Sage & Onion Stuffing <b>Cereal/Gluten</b>	Roast Pork & Apple Sauce	Roast Chicken & Sage & Onion Stuffing <b>Cereal/Gluten</b>
	Option 2	Vegan Sausage <b>Cereal/Gluten</b>	Broccoli & Cauliflower Cheese Bake <b>Milk</b>	Cheese & Potato Pie <b>Milk</b>
	Served with	Mashed Potatoes & Gravy Carrots Green Beans Salad Available Daily	Mashed Potatoes & Gravy Carrots Broccoli Salad Available Daily	Mashed Potatoes & Gravy Carrots Green Cabbage Salad Available Daily
	Option 3	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>
	Dessert	Llaeth Y Llan Yoghurt <b>Milk</b> Apple Dippers Fresh Fruit Available Daily	Llaeth Y Llan Yoghurt <b>Milk</b> Peaches Fresh Fruit Available Daily	Llaeth Y Llan Yoghurt <b>Milk</b> Apple Dippers Fresh Fruit Available Daily
Friday	Option 1	Fish Fingers <b>Cereal/Gluten, Fish</b> or Salmon Fish Finger (Gluten Free) <b>Fish</b>	Fish Fingers <b>Cereal/Gluten, Fish</b> or Salmon Fish Finger (Gluten Free) <b>Fish</b>	Fish Fingers <b>Cereal/Gluten, Fish</b> or Salmon Fish Finger (Gluten Free) <b>Fish</b>
	Option 2	Vegetable Nuggets <b>Cereal/Gluten</b>	Vegan Country Bake <b>Cereal/Gluten, Soya</b>	Vegetable Nuggets <b>Cereal/Gluten</b>
	Served with	Chips or Pasta <b>Cereal/Gluten</b> Peas Baked Beans Salad Available Daily	Chips or Pasta <b>Cereal/Gluten</b> Peas Baked Beans Salad Available Daily	Chips or Pasta <b>Cereal/Gluten</b> Peas Baked Beans Salad Available Daily
	Option 3	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>	Jacket Potato with Various Fillings <b>(For Allergens Refer to Catering File)</b>
	Dessert	Chocolate Haystack <b>Cereal/Gluten, Milk</b>  Orange Or Apple Juice Carton Fresh Fruit Available Daily	Flapjack <b>Cereal/Gluten &amp; Sultanas</b>  Orange Or Apple Juice Carton Fresh Fruit Available Daily	Carrot Cake Muffin <b>Cereal/Gluten, Milk, Eggs, Soya</b>  Orange Or Apple Juice Carton Fresh Fruit Available Daily

Bread & Water Available Daily