



Big Hopes, Big Future.

About us

Home-Start Cymru is a voluntary organisation committed to promoting the welfare of families.

Together, with our trained volunteers, we work alongside families to give compassionate and confidential support, tailored to each family.

About Big Hopes, Big Future

A child's first day at school is a big milestone for both the parent and child, Home-Start Cymru's modular 6-week programme will support parents to help their children get started in life with the social, emotional, language and everyday skills they need to reach their full potential.

Each session will be filled with lots of great ideas and fun activities for you to use with your child to prepare them for their first steps into life-long learning.

Together we will explore:

- Language skills – e.g. speaking clearly, recognising their name
- Daily living skills – e.g. able to use scissors, or toilet training
- Cognitive skills – e.g. regular book-sharing at home
- Behaviour – e.g. waiting patiently, sharing

The BHBF programme focuses on the following areas:

Home Readiness

- Availability of stimulating materials in the home
- Establishing routines

Parental Readiness

- Able to engage with their child's development
- Able to cope with their child being away from them
- Able to access appropriate services from children's centres, schools, nurseries and childcare professionals

Child Readiness

- Arrive at school fed and on time
- Play and share with other children
- Use the toilet and understand simple hygiene
- Dress and put on shoes
- Eat and drink unaided
- Cope away from their parent(s)
- Recognise own name.

Sessions are **FREE**, refreshments will be provided. Please Join us:

THURSDAYS
12/19/26 OCTOBER
09/16/23 NOVEMBER

09:30 - 11:30

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