**Art Help Sheet**

Our theme is Van Gogh’s Sunflowers

* <https://www.tate.org.uk/kids/make/paint-draw/create-art-van-gogh>
* Try the downloadable activities relating to Sunflowers and Mark-making
* Paint your own sunflowers
* Try a collage of sunflowers
* <https://www.tate.org.uk/kids/explore/who-is/who-vincent-van-gogh> for more information on Van Gogh for parents (be aware the final paragraph refers to his mental health and death).